

## TMD Recommended Reading:

- [\*Temporomandibular Disorders: Manual Therapy, Exercise and Needling\*](#) by Cesar Fernandez De Las Penas
- *Atlas Clinico 1* and *Atlas Clinico 2* by Dr. Rocabado order at [cedime@chilesat.net](mailto:cedime@chilesat.net)
- *Management of Temporomandibular Disorders and Occlusion*, 7th Edition, by Jeffrey P. Okeson, DMD
- *Temporomandibular Joint Dysfunction: A Practitioner's Guide* by Isberg, Annika
- *Orofacial Pain: Guidelines for Assessment, Diagnosis and Management* by Reny de Leeuw
- *Musculoskeletal Approach to Maxillofacial Pain* by Mariano Rocabado and Z. Annette Iglarsh is back in print in manual form from original book thru TMDData resources
- *Clinics in Physical Therapy Temporomandibular Disorders* by Steven L. Kraus, 2nd edition
- *Manual of Temporomandibular Disorders* by Edward F. Wright
- *Treatment of TMDs: Bridging the gap between advances in research and clinical patient management* by Charles Greene and Daniel Laskin, 2013
- *Craniofacial Pain*, 1st Edition by Harry von Piekartz
- *Kinesiology of the Musculoskeletal System: Foundations for Rehabilitation*, 2<sup>nd</sup> edition by Donald A. Neumann PhD PT FAPTA
- *Fundamentals of Musculoskeletal Imaging and CD* – 3<sup>rd</sup> edition by Lynn N. McKinnis

## Educational websites:

Dry Needling and Crafta Series

- <http://myopainseminars.com/>
- <http://eurekaseminars.com/>
- <http://www.aaop.org/> Academy of Orofacial Pain
- <http://www.ptbcct.org/> PT portion of AAOP

## Journals to consider:

- Journal of orofacial pain
  - [http://www.quintpub.com/journals/jop/gp.php?journal\\_name=JOP](http://www.quintpub.com/journals/jop/gp.php?journal_name=JOP)
- Journal of Craniomandibular Function
  - [http://www.quintpub.com/journals/cmfm/gp.php?journal\\_name=cmfm](http://www.quintpub.com/journals/cmfm/gp.php?journal_name=cmfm)
- Cranio journal
  - <http://cranio.com/>
- Bill Esser
  - <https://professionaltherapiesnw.com/courses/temporomandibular-dysfunction/tmd-course-schedule/>
  - Bill Esser ([bill.esser53@gmail.com](mailto:bill.esser53@gmail.com))

- [www.USA.edu](http://www.USA.edu)
  - To become certified with Rocabado, Mark Strickland, Jennifer Hobbson
- Steve Kraus:
  - <http://www.tmdstevekraus.com/>

## Apps I discussed and love:

- Muscle premium for PC and for Mac products:
  - [http://www.visiblebody.com/muscle\\_pc\\_overview/](http://www.visiblebody.com/muscle_pc_overview/)
- Cadaver IPAD app, you can peel away the layers, etc
  - <http://www.mhhe.com/sem/apr/>
- Aclands anatomy dissection DVD Set, sadly it seems you can no longer buy, but you can subscribe to this website to stream it??
  - <http://aclandanatomy.com/>
- Dr. Steven Olmos: <https://drstevenolmos.com/>
  - 3 part mini TMD and Airway residency