



THREE EASY STEPS TO TMD DIAGNOSIS & REFERRAL

1 Is your patient...

Check all that apply.

Total score (in blue) for each checked item.

- Complaining of pain in the face jaw, temple, in front of ear or in the ear in the past month? **4**
- Older than 36? **3**
- Complained of a problem with headache or migraine during the preceding 6 months? **-1**
- Reporting a jaw problem that prevents or limits their chewing or yawning, or that has changed their facial appearance? **1**
- Complaining of clicking or popping when opening or closing their mouth or while chewing? **1**

Total: If total score < 3, prediction is TMD negative.
If total score > 3, patient needs the following exam.

Exam

1. Joint pain on mouth opening
2. Muscle pain on protrusive jaw movement
3. Joint sound on mouth closing
4. Joint pain on palpation
5. Difficulty with active neck movements

If none of the above exam items is positive, prediction is TMD negative. Otherwise, TMD is predicted.

2 FAX

Script, Demographic and Insurance Info to:

(239) 242-0076

3 Schedule

Allied staff calls patient to schedule appointment.

Dr. Matthew Harkness TMD Specialist

Matthew Harkness, DPT, is the founder of Allied Physical Therapy and studied advanced treatment of spine, neck and jaw facial pain/dysfunction. He is one of the few practitioners in the country who has obtained his Cranio Fascial Certification (CFC) through the University of St. Augustine.

Dr. Harkness and his team are focused on helping your patients in a caring, gentle, hands-on, educational and comfortable environment. Collectively, the team has an excellent track record for treating TMD, locking of jaw, pain with chewing, restriction of opening jaw, post- jaw and fascial surgical procedures, severe headaches, vertigo, dizziness and breathing dysfunction.

“The treatment I received from Dr. Harkness helped tremendously in relieving recurring jaw pain and cross-bite, after having no success with neurologists, ENTs and other medical professionals – and it was so easy. If you want to relieve jaw pain – just go to Allied!”

~ Donna F.

Offices:

1413 Viscaya Pkwy
Cape Coral, FL 33990
(239) 242-0070

26651 Dublin Woods Circle
Bonita Springs, FL 34135
(239) 676-5995

www.AlliedPT.com